

**Franklin Academy Physical Education Procedures and Rules
2013-2014**

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Course Description:

Physical Education provides the knowledge and ability needed to maintain active healthy lifestyles.

Class Participation:

Each student will be graded on class participation in every PE class. The student must be engaged and active in order to receive full credit for the class.

Uniform Required:

All students are required to wear a Franklin Academy PE uniform, including the appropriate athletic shoes. The PE shorts and shirts may be purchased in the gym office for \$7.50 each piece.

Excuse Notes

If a student is sick, a parent may write a note to excuse them from PE for that day. A parent's note will be accepted for only 2 days in a row. If the student is sick for 3 or more days, a doctor's note is needed to excuse them from PE. If a student has been excused for one week or more for medical reasons, a doctor's release is needed for the student to resume activity. Please avoid what we call a "BLANKET EXCUSE" for minor injuries ("No PE for 2 days for injured finger"). Instead please ask the doctor to say something like, "Limit use of right hand due to finger injury". Why? We can offer exercise modifications to meet the needs of our students. All doctor excuses need to be given to Linda Martin in the main office.

Classroom Procedures, Rules & Expectations:

Procedures:

Students have 5 minutes from the time the bell rings dismissing their prior class to be dressed and ready for PE. If they are not on the floor by the "time out of the locker room" they will be counted as tardy.

At the beginning of class:

- Students will dress in the locker room quickly.
- Once dressed and on the gym floor, walk laps as the attendance is checked and the activity is readied.

While in the locker room before class:

- Please, no spray products (including but not limited to deodorant, body sprays and hairspray) should be used in the locker rooms.
- To eliminate confusion over clothing, please place your belongings (including your school uniform) in your gym bag after changing.
- Please remove all jewelry before leaving the locker room.

At the end of class:

- Students will be dismissed to the locker room to dress.
- Once in school uniform and in dress code, students may stand on the basketball floor, inside of the court lines until the bell rings for the end of the period.

While in the locker room after class:

- Please dress in one area, keeping all of your clothing/belongings together.
- Please make sure as you leave, that you pick up any paper/garbage that may be left behind.

Rules:

- 1) No food, candy, gum or drinks are allowed in the gym. Results in a loss of agenda points.
- 2) Anyone involved in horseplay, whether in the locker room or in the gym class, will be sent to Mrs. Sullivan immediately and lose agenda points.
- 3) Electronic devices (including but not limited to iPods, iPads, MP3 players) should not be brought to school. Cell phones should be turned off during the school day (refer to the Middle School Student Handbook.) Use of cameras of any type during the school day is prohibited unless as a part of a school related activity under the direction of a teacher. Taking pictures in the locker room will result in suspension from school and possible criminal charges if these images are distributed to others by any means.

Please note: While it is not our intention to deduct points from student's agendas, they will be deducted when students choose not to comply with the rules.

Bullying, physical or verbal harassment:

Physical harassment is physical touching another student, whether joking or not. Examples such as "5 star" slap on the back or pulling another's pants down will lead to severe consequences. Both acts are immature and unacceptable at the Franklin Academy. Bullying or verbal harassment will not be tolerated and any student participating in any of these acts, whether it be bullying, physical or verbal harassment, will be sent to Mrs. Sullivan immediately.

Valuables and Lost and Found

Please do not bring anything of value to school. Franklin Academy or individual teachers are not responsible for any lost or stolen items. A "Lost and Found" box will be located in the locker room hallway for lost items.

Contact Information:

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