**Franklin Academy 4th Grade Physical Education**

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**2013-2014 School Year**

**Instructors:**

**Jay Paradowski 4th Grade Physical Education**

**This year we will continue to develop your child’s motor skills/movement.**

**The 2 types of motor skill are:**

**Gross motor (fundamental motor skills) using your large muscles:**

chasing, fleeing, dodging, throwing, catching, dribbling, jumping, landing, skipping, hopping, leaping, running, walking etc.

**Fine motor skills, using your small muscles:** hand eye coordination, finger dexterity etc.

**Units Taught:**

Fitness-Gram Cooperative learning games

Tag/dodge games Dance

Relay games Speed Stacks

Physical Fitness components Team Sports Lead-Up Games

**Grades:**

Though they are not graded for their report cards, students will be evaluated on four areas: participation, skill development, and sportsmanship. I will follow the agenda rules just like the classroom teachers. Points renew at the beginning of each week. Ex) Jane Doe lost 5 points in PE in week 1 dropping her to a 95. In week 2, Jane Doe would start back at 100.

\*\*Students will wear the school uniform and must have **rubber bottom shoes**. Please do not let your child wear sneakers will a heel or no backing.

“The Race” for Character Cash

Each 4th grade class will compete to see who will be the most behaved class and gives 100% participation. This competition will use the “3” strikes your out rule. Each class will receive “$15” = 0 strikes and will lose $5.00 with each strike. At the end of the quarter I will add the total each week up for a grand total. The class with the most money earns a treat from Mr. Paradowski.

Franklin Academy Physical Education SPARK ALL-STARS of the Quarter

I will pick 2 students one boy/one girl from the entire grade whom I felt deserved recognition for being a good role model each quarter. They will receive an award certificate and a surprise for their accomplishments.